



The mission of Centro Jovellanos is to implement, develop and design comprehensive rescue and maritime safety training systems that are high quality, highly specialised, certified, innovative, and sustainable to ensure the most remarkable levels of professional training.

Train, provide, reduce, innovate and guarantee are the five key goals of the Jovellanos Centre, which is the training centre of the Spanish Maritime Search and Rescue Agency, a public entity dependent on the Ministry of Transport, Mobility and Urban Affairs.



**TRAIN:** Understand the needs of professionals and propose efficient solutions to act in emergencies.

**PROVIDE:** The necessary knowledge to implement tasks successfully at the workplace.

**REDUCE:** Reduce fatalities and damage to the environment through training, thus avoiding risks and accidents.

**INNOVATE:** Develop comprehensive virtual reality training methods that improve knowledge.

**ENSURE:** The implementation of our quality system when designing and developing our training activities.

## COURSE RESCUE OPERATIONS AT HEIGHTS

### TARGET GROUP

This course has been designed for members of emergency brigades in industrial facilities, Civil Protection and fire brigades.

### TRAINING

**Objective:** By the end of the course, trainees will have had the chance to learn and study safety regulations governing this type of operation and they will be prepared to intervene in rescue operations at heights.

### DURATION

The course consists of 32,5 certified hours, it´s delivered over a period of 5 days.

### PROGRAMME

Rules related to rescue operations. Materials used.

Descent techniques.

Responsibilities of the members of intervention teams.

Anchoring systems used in rescue operations.

Procedure used to rescue victims in buildings and wells using various systems.

#### Practical Training:

Rescue training exercises will be conducted at heights and in wells, as well as the use of rescue equipment and ropes.

Anchoring, climbing, and descending techniques will be practiced, as well as exercises that involve rescuing injured people using various techniques with ladders and stretchers.

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